

# Chandler Elizabeth Puhy

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## Education

Drexel University (2022)  
Clinical Psychology Doctoral Program  
GPA: 3.99

Georgia State University (2012)  
Bachelor of Science, Psychology  
Advanced Research Honors distinction  
GPA: 3.84

## Clinical Experience

**Compass Health Network**, September 2023- June 2024

Licensed Staff Psychologist

- Conducted evidence-based interventions including ERP, CPT, TF-CBT, ACT, PCIT, and mindfulness with children, adolescents, and adults focused on the treatment of anxiety, depression, OCD, and externalizing disorders.
- Conducted psychological testing to rule out various referral questions including a special focus on ADHD and autism.
- Completed a year-long ECHO Autism training including training in all ADOS-2 modules.
- Provided ad hoc supervision to psychology residents.
- Provided trainings to staff including on exposure therapy.

**Compass Health Network**, September 2022- September 2023

Postdoctoral Resident

*Supervisors: Amy Meriweather, PhD*

- Conducted evidence-based interventions including ERP, CPT, TF-CBT, ACT, PCIT, and mindfulness with children, adolescents, and adults focused on the treatment of anxiety, depression, OCD, and externalizing disorders.
- Conducted psychological testing to rule out various referral questions including a specialty in ADHD and autism.
- Completed a year-long ECHO Autism training, including ADOS training for all modules
- Co-led weekly group supervision for psychology interns.

**Compass Health Network**, August 2021- August 2022

Predocloral Intern

*Supervisors: Amy Meriweather, PhD & Taylor Montgomery, PhD*

- Conducted evidence-based interventions including ERP, CPT, TF-CBT, ACT, and mindfulness with children, adolescents, and adults focused on the treatment of anxiety, depression, OCD, and externalizing disorders.
- Conducted psychological testing to rule out various referral questions including a specialty in ADHD and autism.

**Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders (HARBOR; formally University of Pennsylvania COTTAGE), July 2020- July 2021**

Practicum Student Clinician

*Supervisor: Courtney Weiner, PhD*

- Conducted evidence-based CBT interventions including ERP and mindfulness with children, adolescents, and families focused on the treatment of OCD, generalized anxiety, social anxiety, separation anxiety, insect phobia, Tourette's, and depression.

**Nemours Children's Hospital**

PCIT Clinic, Practicum Student Clinician, July 2020- July 2021

*Supervisor: Johanna Carpenter, PhD*

- Administered PCIT to a diverse client population to address externalizing disorders in children aged 3-7.

Behavioral Developmental Access Clinic, Practicum Student Clinician, July 2019- July 2020

*Supervisor: Colleen Butcher, PhD*

- Conducted triage evaluations, consultation, and provided brief parent management training for families with children aged 2-6 years old. Provided referrals to internal and external providers.

**New Beginnings, January 2018- July 2021**

Practicum Student Clinician

*Supervisor: Christine M. Nezu, PhD*

- Delivered Emotion Centered Problem-Solving Therapy (EC-PST) to veterans with a variety of mental health concerns, homelessness, and/or justice involvement.

**Center for Anxiety & Behavior Therapy, July 2019 - July 2020**

Practicum Student Clinician

*Supervisors: Steven Tsao, PhD & David Yusko, PsyD*

- Conducted evidence-based CBT interventions including ERP and mindfulness with adolescents and adults focused on the treatment of OCD, generalized anxiety, social anxiety, depression, emetophobia, acrophobia, blood-injury-injection phobia, and panic disorder.

**Dragonfly Psychological Associates, September 2018- June 2019**

Practicum Student Clinician

*Supervisor: Michael Cassano, PhD*

- Conducted evidence-based CBT and ACT interventions with children, adolescents, and families focused on the treatment of anxiety, depression, and ADHD.

**Psychological Services Center, Drexel University, July 2017- September 2018**

Practicum Student Clinician

*Supervisor: Thomas Olson, PhD*

- Conducted evidenced-based CBT interventions including ERP and mindfulness with a diverse caseload of children, adolescents, and families focused on the treatment of social anxiety, generalized anxiety, depression, relationship issues, Tourette's, and ADHD.

**SCORE Program, Drexel University, October 2016- May 2017**

School-Based Group Interventionist

*Supervisors: Brian Daly, PhD, Bridget Blakely, PhD*

- Led a positive youth development pilot for at-risk youth attending a low-income charter school. Program focused on improving academic, behavioral, health, and community skills.

**Incredible Years, Drexel University, October 2016- July 2020**

School-Based Group Interventionist

*Supervisors: Brian Daly, PhD, Brigid Garvin, Ed.S., NCSP*

- Delivered an evidence-based social/emotional curriculum for youth in grades K-2 in low-income, underserved schools.
- Provided training and supervision for undergraduate and graduate group leaders.
- Developed and led parent training groups in the school setting.

**Developmental Neuropsychology Lab, December 2012- August 2015**

Assessor

*Supervisor: Diana Robins, PhD*

- Assisted with neuropsychological assessment, scoring, and integrative report writing for children evaluated for autism. Administered the STAT, a play-based measure to toddlers to screen for autism spectrum disorder. Administered neuropsychological assessments to college-age participants in a pilot study investigating social attribution to computer-animated shapes.

**Assessment Experience**

**Psychological Services Center, Drexel University, July 2019- July 2020**

Practicum Student Assessor

*Supervisor: Linda Friedman, PsyD*

- Conducted psychoeducational and neuropsychological assessments with children and adults for a range of referral questions including intellectual functioning, ADHD, learning disability, memory concerns, depression, and anxiety.

**St. Christopher's Hospital for Children, Hematology, August 2017- September 2018**

Assessor

*Supervisor: Reem Tarazi, PhD*

- Conducted neuropsychological assessments with children diagnosed with Sickle Cell Disease as part of a research study designed to evaluate the cognitive effects of the medication Hydroxyurea.

**Center City Psychological Services, LLC, July 2017- July 2021**

Assessor

*Supervisor: Brian Daly, PhD*

- Conducted psychoeducational and neuropsychological assessments with children and adults for a range of referral questions including intellectual functioning, ADHD, learning disability, and memory concerns.

## **Research Experience**

### **Pediatric and Child Adolescent (PCAP) Lab**, September 2016- June 2020

Department of Psychology; Drexel University

*Advisor: Brian P. Daly, Ph.D.*

#### *Incredible Years- Child Program*

- Evaluated a classroom-based social/emotional curriculum for elementary school students in an underserved, urban school.

#### *NeuroFlow*

- Evaluated the feasibility and acceptability of a mental health phone application for use in counseling sessions in urban high school via a mixed methods approach.

#### *SCORE Program*

- Developed and evaluated the implementation of a classroom-based positive youth development program in a low-income, urban charter school.

### **Autism Stress and Anxiety Program (ASAP)**, September 2016- July 2018

AJ Drexel Autism Institute; Drexel University

*Advisor: Connor M. Kerns, Ph.D.*

- Investigated the differential causes and effects of trauma and anxiety in individuals with autism spectrum disorders, developed and validated appropriate measures for use in the community with children and adults.

### **National SafeCare Training & Research Center**, June 2015- September

2015 School of Public Health; Georgia State University

*Advisor: Daniel Whitaker, Ph.D.*

#### *Project SafeCare*

- Assisted with data entry of baseline, training, and follow-up scores for each training module (Health, Safety, and Planned Activities Training), and mental health measures.

### **Developmental Neuropsychology Lab**, August 2010- May 2015

Psychology Department, Georgia State University

*Advisor: Diana L. Robins, Ph.D.*

#### *Early detection of autism spectrum disorders*

- Funded by an NICHD grant to assist with scheduling, participant screening, measure administration and scoring, composition of integrative psychological reports, development and implementation of a web-based screening tool (M-CHAT-R), behavioral coding, data entry, development of research stimuli, training and supervision of research assistants.

### **Cooke Neuroscience Lab**, August 2011- June 2013

Neuroscience Institute, Georgia State University

*Advisor: Bradley M. Cooke, Ph.D.*

#### *Sex differences in response to juvenile social subjugation*

- Assisted with behavioral coding, processing brain tissue, stereological analysis, statistical analysis, training and supervision of research assistants.

## **Peer-Reviewed Publications**

- Puhy, C., Daly, B. P., Leff, S., Waasdorp, T. E.** (2022). Identifying relationally aggressive students: How aligned are teachers and peers? *The Journal of School Mental Health*.
- Puhy, C., Prakash, N., Lacson, C. and Bradt, J.** (2021), Multicultural teaching competence among undergraduate faculty: a convergent mixed methods study. *Journal for Multicultural Education, 15*(4), 459-473. <https://doi.org/10.1108/JME-05-2021-0059>
- Puhy, C., Litke, S. G., Silverstein, M. J., Kiely, J. R., Pardes, A., McGeoch, E., & Daly, B. P.** (2021). Counselor and student perceptions of an mHealth technology platform to promote therapeutic engagement in a school setting. *Psychology in the Schools*. 1– 15. <https://doi.org/10.1002/pits.22541>
- Daly, B. P., **Puhy, C.**, Silverstein, M., & Jones, L. (2020). Bias-motivated victimization of immigrants in schools: Incidence, impact, and intervention. *Adolescent Psychiatry*.
- Kerns, C. M., **Puhy, C.**, Day, C., & Berkowitz, S. J. (2019). Post-traumatic stress disorder in individuals with autism spectrum. In S.W. White, B.B. Maddox & C. Mazefsky (Eds.) *Oxford Handbook of Autism and Co-occurring Conditions*. New York, NY: Oxford University Press.
- Weathington, J. M., **Puhy, C.**, Hamki, A., Strahan, J. A. & Cooke, B. M. (2013). Sexually dimorphic patterns of neural activity in response to juvenile social subjugation. *Behavioural Brain Research, 256C*, 464-471. doi: 10.1016/j.bbr.2013.08.042.

## **Other Publications**

- Puhy, C., Silverstein, M., & Daly, B.P.** (2019). Traumatic brain injury in children and adolescents. Fact sheet for Evidence-based Practice section of Division 54, Society of Pediatric Psychology. Available at: <http://www.apadivisions.org/division-54/evidence-based/brain-injury.aspx>.
- Puhy, C.,** "Fos Activation in the BST Following Juvenile Social Subjugation." Undergraduate Thesis, Georgia State University, 2012. [http://scholarworks.gsu.edu/psych\\_hontheses/14](http://scholarworks.gsu.edu/psych_hontheses/14).

## **Conference Sessions**

- Kiely, J. Silverstein, M. J., Litke, S. G., **Puhy, C.**, McGeoch, E., Pardes, A. Daly, B. P. (2021, April). *A Mixed Methods Pilot Evaluation of the NeuroFlow Smartphone Application to Mental Health Counseling in an Urban High School Setting*. [Conference session]. Southeastern School Behavioral Health Conference, Myrtle Beach, SC.
- Litke, S. G., Silverstein, M. J., Domenick, L., Wolkoff, A., **Puhy, C.**, & Daly, B. P. (2020, October). *Promoting Social-Emotional Learning in an Urban Latinx Afterschool Program*. [Conference session]. Annual Conference on Advancing School Mental Health,

## Virtual Presentation.

- Silverstein, M. J., **Puhy, C.**, McGeoch, E., Pardes, A. & Daly, B. P. (2020, November). Acceptability and feasibility of a smartphone application to support mental health counseling in an urban high school setting. In M.A. Boustani (Chair), *School-based interventions for under-served communities: Increasing the reach and impact of evidence-based practice*. [Conference Symposium]. Association for Behavioral and Cognitive Therapies annual convention, Philadelphia, PA.
- Litke, S. G., **Puhy, C.**, Kiely, J., Silverstein, M. J., & Daly, B. P. (2020, April). *Models of Scalability for a Universal Social-Emotional Learning Curriculum in Urban At-risk Elementary Schools*. [Conference session]. Annual Southeastern School Behavioral Health Conference, Myrtle Beach, SC, USA.
- Puhy, C.**, Silverstein, M. J., Daly, B. P., Jones, L. (2019, November). *Bias-motivated victimization of immigrant students in schools: Incidence, impact, and intervention*. [Conference session]. Annual Conference on Advancing School Mental Health, Austin, TX.
- Silverstein, M. J., **Puhy, C.**, Daly, B. P., Jones, L. (2019, November). *Bias-motivated victimization experiences of LGBTQ youth: Incidence, outcomes, and consequences for schools and communities*. [Conference session]. Annual Conference on Advancing School Mental Health, Austin, TX.
- Daly, B. P., **Puhy, C.**, Silverstein, M. J., Day, C., Mangubat, C., & McCurdy, M. (2018, November). *Collaborating with teachers to improve the academic, behavioral, and social success of students of color attending urban elementary schools*. [Conference session]. Annual International Conference of Education, Research and Innovation, Seville, Spain.
- Daly, B. P., Ding, K., **Puhy, C.**, & Day, C. (2017, April). *Partnering with teachers in the delivery of a classroom-based universal socio-emotional intervention program in urban elementary schools*. [Conference session]. Southeastern School Behavioral Health Conference, Myrtle Beach, SC.
- Puhy, C.**, Berkowitz, S. J., Lankenau, S. E., & Kerns, C. M. (2017, November). *A mixed-method investigation of traumatic reactions in autism spectrum disorder*. [Conference session]. Association of Behavioral and Cognitive Therapies, San Diego, CA.
- Daly, B. P., **Puhy, C.**, & Day, C. (2017, November). *Class-wide delivery of a modified version of the Incredible Years Program in urban public elementary schools*. [Conference session]. Association of Behavioral and Cognitive Therapies, San Diego, CA.

## **Poster Presentations**

- Kiely, J. R., Litke, S. G., Silverstein, M. J., Ya, C., Gomez, S. J., **Puhy, C.**, Daly, B. P., & Jones, L. M. (2020, May). *Youth who experience bias victimization report lower perceived social support*. [Poster session]. Association for Psychological Science, Chicago, IL (Virtual Presentation).
- Litke, S. G., Kiely, J., Silverstein, M. J., Gally, S., **Puhy, C.**, Daly, B. P., & Jones, L. M.

(2020, May). *Likelihood for youth to report bias-motivated victimization to an adult professional is influenced by severity level and familiarity with the perpetrator*. [Poster session]. Association for Behavioral and Cognitive Therapies (Virtual Presentation).

Kiely, J. R., **Puhy, C.**, Silverstein, M.S., Litke, S.G., Mangubat, C.J.P., Stavropoulos, V.K., Gomez, S.J., Gally, S.N., Pearson, S.L., & Daly, B.P. (2020, April). *Examining sex differences in socioemotional development among first and second graders in Philadelphia public schools*. [Poster session]. Drexel Emerging Graduate Scholars. (Virtual Presentation).

**Puhy, C.**, Silverstein, M. J., Pardes, A., & Daly, B. P. (2020, February). *Evaluation of a School-Based Mental Health Smartphone Application*. [Poster session]. National Association of School Psychologists National Convention, Baltimore, MA.

**Puhy, C.**, Robins, D. L., Berkowitz, S. J., & Kerns, C. M. (2019, November). *Traumatic Reactions in Autism Spectrum Disorder: A Mixed-Methods Investigation of Caregiver Perspectives*. [Poster session]. Annual Conference for the International Society for Traumatic Stress Studies, Boston, MA.

**Puhy, C.**, Waasdorp, T. E., Daly, B. P., Leff, S. (2019, November). *Factors associated with peer and teacher discordant identification of relationally aggressive students*. [Poster session]. Annual Conference on Advancing School Mental Health, Austin, TX.

Arputhan, A., **Puhy, C.**, Silverstein, M. J., Daly, B. P., & Jones, L. M. (2019, May). *Factors contributing to online versus in-person youth bias victimization*. [Poster session]. Drexel Symposium on Undergraduate Research in Psychology, Philadelphia, PA.

**Puhy, C.**, Silverstein, M. J., Arputhan, A., Daly, B. P., & Jones, L. M. (2019, May). *Reduced likelihood of reporting bias victimization is associated with older age, low social support, and verbal victimization in a diverse sample of youth*. [Poster session]. Association for Psychological Science, Washington, D.C.

Silverstein, M. J., **Puhy, C.**, Day, C. M., Daly, B. P., Jones, L. M. (2018, October). *Prevalence of youth bias victimization among middle and high school students in an urban low-income school setting*. [Poster session]. Annual Conference on School Mental Health, Las Vegas, NV.

**Puhy, C.**, Kerns, C. M., Lankenau, S., Robins, D. L., Shattuck, P., & Berkowitz, S. J. (2018, November). *Sources of trauma in autism spectrum disorder: A qualitative study of caregiver perspectives*. [Poster session]. International Society for Traumatic Stress Studies, Washington, D.C.

**Puhy, C.**, Day, C., Everett, V., Silverstein, M., & Daly, B. P. (2018, April). *A mixed-method investigation of a universal school-based intervention: Implications for implementation*. [Poster session]. Southeastern School Behavioral Health Conference, Myrtle Beach, SC.

Day, C., Callan, S., **Puhy, C.**, Connell, J., Blakely, B., & Daly, B. P. (2017, October). *Evaluation of the SCORE program: A universal behavioral health promotion program for urban middle school students*. [Poster session]. Annual Conference on Advancing School Mental Health, Washington, D.C.

**Puhy, C.,** Daly, B. P., Shattuck, P. T., Newschaffer, C. J., Robins, D. L., & Kerns, C. M. (2017, August). *A mixed-method investigation of trauma screening measures for individuals with autism spectrum disorders*. [Poster session]. Annual Convention of the American Psychological Association, Washington, D.C.

Day, C., **Puhy, C.,** Callan, S., & Daly, B. P. (2017, June). *The role of executive function in binge drinking frequency of college students exposed to childhood trauma*. [Poster session]. Journal of Clinical Child and Adolescent Psychology Future Directions Forum, College Park, MD.

**Puhy, C.,** & McFry, E. (2015, November). *Investigation of child maltreatment risk and SafeCare outcomes*. [Poster session]. Georgia Undergraduate Research Conference, Statesboro, GA.

**Puhy, C.,** Hecht, E., Rozga, A., King, T., & Robins, D. L. (2014, November). *Sex-specific patterns of facial emotion perception bias in incongruent audio-visual stimuli*. [Poster session]. Tennessee Psychological Association, Nashville, TN.

**Puhy, C.,** Casagrande, K. & Robins, D. L. (2012, October). *Minority and non-minority differences in receptive language development*. [Poster session]. Psychology Undergraduate Research Conference, Atlanta, GA.

**Puhy, C.,** Weathington, J., & Cooke, B. M. (2012, March). *Juvenile social subjugation evokes sparse neural activity in the sexually dimorphic central nucleus of the amygdala*. [Poster session]. Georgia State Undergraduate Research Conference, Atlanta, GA.

### **Service Positions**

#### **Drexel Psychology Department, July 2019- July 2020**

Practicum Coordinator

- Assisted with tracking trainee community placements, coordination of legal documentation, collection of trainee mid-year and end-of-year evaluations, and communication with site supervisors, particularly with respect to COVID-19 planning.

#### **Promise Zone Research Committee, November 2018- July 2021**

Founding Board Member

*Supervising Faculty: Amy Carroll-Scott, PhD*

- Assisted with the development of a community research review board (CRRB) for an under-resourced, research-burdened neighborhood of Philadelphia to ensure research protections, research relevance, and benefit to community members.

#### **Clinical Psychology Education Committee, October 2016- July 2021**

Psychology Department, Drexel University

Committee Member

- Identified topics of interest for graduate students of the psychology department and coordinated the development, advertisement, and delivery of workshops to meet those needs.

#### **Association for Psychological Science**

APSSC Executive Board Member: Student Research Coordinator, May 2019- May 2020



- Elected to the executive board to coordinate the various APS student grants, submissions, peer review process, and the awards ceremony at the annual convention. Developed content related to multicultural teaching competence for dissemination to graduate student TAs.

Campus Representative, December 2017- September 2019

- Disseminated association news and opportunities for student training, mentoring, grants, and membership.

Student Grant Reviewer, December 2017- September 2019

- Reviewed grant submissions and coordinated the scoring and constructive feedback of submissions to the Student Grant Competition, Student Research Award, and RISE Research Award.

Undergraduate Mentor, November 2017- Present

- Provided professional guidance and support to one undergraduate student interested in pursuing a PhD in clinical psychology.

Convention Volunteer, May 2019

- Provided general conference session information and directions to attendees.

**Emerging Scholars Program, January 2019**

Drexel University

Conference Abstract Reviewer

- Reviewed graduate-level abstracts from departments across the university for potential poster or oral presentation. Provided scoring and constructive feedback.

**Caminar Latino, May 2015- August 2016**

Atlanta, Georgia

Group Facilitator

*Advisors: Julia Perilla, Ph.D.*

- Facilitated weekly group meetings and educational activities for 11-15-year-olds who had experienced domestic violence, focused on positive youth development and violence prevention.

### **Academic Honors & Awards**

- APSSC Travel Award (2019)
- Teck-Kah Lim Graduate Student Travel Award (2019)
- Teck-Kah Lim Graduate Student Travel Award (2018)
- HOPE Scholarship recipient (2008-2012)

### **Teaching Experience**

**Drexel University, September 2016- June 2017**

Philadelphia, PA

Teaching Assistant (TA)

- General Psychology, PSY 101
- Testing and Assessment, PSY 380
- Experimental Psychology, PSY 360

## **Additional Professional Experience**

**Peachtree Psychological Associates**, August 2014- August 2016

Atlanta, Georgia

Office Manager

- Assisted with client scheduling, computer testing, measure scoring, composition of psychological reports, patient billing, and processing insurance claims.

**Youth Villages-Inner Harbour Residential Facility**, August 2013- August 2014

Douglasville, Georgia

Behavioral Youth Counselor

- Supported the implementation of evidence-based interventions in the therapeutic milieu, assisted in treatment planning and documentation, conducted group sessions, provided assistance in the residential school classroom, planned activities and outings, and assisted with crisis intervention.

**Georgia Center for Child Advocacy**, June 2012- June 2013

Atlanta, Georgia

Family Advocate Intern & Volunteer

*Advisors: Mary Beth Brush LCSW & Brandy Rogers, LPC*

- Conducted caregiver interviews, administered brief mental health screenings, provided community resource referrals, assisted with intake documentation and electronic file creation, composed forensic interview summaries, updated client files during treatment team meetings, measure scoring, and data entry.

## **Professional Certifications**

- Parent-Child Interaction Therapy (PCIT) - Certified by PCIT International (2024)

## **References**

Amy Meriweather, PhD

Corporate Training Director, Trainee Supervisor

Compass Health Network

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Taylor Montgomery-Bridges, PhD

Licensed Clinical Psychologist

Compass Health Network

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Brian Daly, PhD

Director, Pediatric and Child Adolescent Psychology Lab

Associate Professor and Psychology Department Head

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Center for Anxiety and Behavior Therapy  
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